State of the Science Symposium

Presenter: Linda Cornish
Welcome

Thank you for being a part of the inaugural State of the Science Symposium!

Our goal for this symposium is to provide the latest information on seafood nutrition science where all aspects on the science and technology of seafood, including human nutrition and environmental sustainability will be addressed by leading experts. Today’s educational presentations will merge technical analysis and accessible information for non-specialists.

This program is presented by the Seafood Nutrition Partnership’s Scientific & Nutrition Advisory Council in partnership with the Global Organization for EPA + DHA Omega-3s.

Please note:

• This symposium is being recorded.
• Our social hashtag is #Seafood4Health.
## Symposium Overview

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<td><strong>Seafood and Omega-3 Research Implications</strong></td>
<td>Captain Joseph R. Hibbeln, MD; William Harris, PhD; Susan Carlson, PhD</td>
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<td><strong>Sustainability &amp; Safety of Seafood Americans Are Consuming</strong></td>
<td>Laurel Bryant; Robert Jones; Michael Tlusty, PhD; Tim Fitzgerald</td>
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<td><strong>Opportunities for Building Awareness and Urgency</strong></td>
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<td>Moderator: Tom Brenna, PhD</td>
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About SNP

• Seafood Nutrition Partnership (SNP) is the leading 501(c)3 non-profit organization in the U.S. building awareness of the health and nutritional benefits of seafood.

• SNP is addressing the country’s public health crisis through education programs that inspire Americans to incorporate more seafood and omega-3s into their diets for improved health as per USDA Dietary Guidelines.
About SNP (cont.)

• For Seafood Nutrition Partnership, eating seafood and the health of the environment are inextricably linked.

• Seafood is a vital part of the human diet that supports both human health and environmental health. Our mission sits at the intersection of human health and environmental health.

• We believe that our future food security may be stronger if we shift to adding seafood to our diets. It’s healthier and takes less energy to produce.
Seafood is the Compelling Choice for Our Health and Future Food Security

- Our current diets are not supporting our health.
- Seafood is the healthy protein choice now and in the future for both health and environment reasons.
- Anything that shifts our diets to seafood will have positive environmental benefits for our planet.